

PACKING SUGGESTIONS

We are fortunate to be able to work with **Comfort Suites Hotel**. The facility has an outdoor pool, a beautiful court yard and a restaurant attached to it as well as other amenities. Dress codes, *while at the hotel* are subject to your leader's discretion. Please check with them in advance as to what clothing they consider to be appropriate.

- regular clothing
- work clothes (clothes that can get dirty or ruined)
- work shoes (no open-toe or open-back shoes at mission site)
- extra shoes (that can get wet for Water Day. Cottage Cove has a 'Water Day' once a week in the summer. With Missionaries being required to wear shoes at all times on the mission site, please bring an *extra* pair of shoes that can get wet.)
- underwear for 7 days
- pjs
- hat
- umbrella or rain jacket
- shampoo & conditioner
- toothpaste & toothbrush
- deodorant
- brush or comb
- chap stick
- razor & shaving cream
- insect repellent
- flashlight
- aspirin or other headache medicine
- sunscreen
- Bible!
- notebook/journal
- pens
- camera and lots of film
- modest swimsuit

Don't forget extra cash!

Throughout the week, you will have opportunity to purchase gifts or souvenirs. Aside from Nashville 'tourist' stuff, we will also have a variety of T-Shirts, tapes, CD's, and children's art items available throughout the week. Additionally, your group may plan a special outing one weekday morning.

Be sure to bring an ample supply of any prescription medication you may need for the week.

